

| Agency/Provider | Services | Address | Service Area | Phone Number | Website | Ages Treated | Specialized Treatments | Languages | Additional Services | Eligibility/Fees | How to refer |
|--|--|---|---|-----------------------------------|---|--------------|--|---|---|---|--|
| Ann & Robert H. Lurie Children's Hospital of Chicago | Individual therapy, Family therapy, Group therapy, Crisis intervention, Short-term urgent care, Inpatient unit, Partial hospitalization program (PHP), Medication Evaluation & Medication Management | 225 E Chicago, Chicago, IL 60611 | Chicagoland area | 312-227-6039 | | 0-25 | Trauma Team | Arabic, Burmese, Mandarin, Polish, Somali Spanish, Sign Language 180 languages available thru phone interpretation | | Medicaid, Private Insurance, Self-pay | |
| Arab American Family Services | Individual therapy, Family therapy, Crisis intervention, Short-term urgent care, Domestic violence services | 9044 S Octavia, Bridgeview, IL | Cook County, DuPage and Will County | 708-599-2237 | www.aafsil.org | 6 & up | | Arabic, English, Spanish | | Sliding Scale, Self pay | DCFS referrals Referrals from primary care physicians, Walk-ins |
| Asian Human Services | Individual therapy, Family therapy, Group therapy, Crisis intervention, Addiction services, Domestic violence services | 2424 W. Peterson Ave, Chicago, IL | Cook County | 773-761-0300 | www.ahschicago.org | all ages | | Urdu, Hindi, English | | Medicaid, Medicare, Private Insurance, Sliding Scale, Self-pay, No cost | DCFS referrals Referrals from primary care physicians, Walk-ins, Intake Line |
| Barr-Harris Children's Grief Center, Chicago Institute for Psychoanalysis | Individual therapy, Family therapy, Group therapy, Play therapy | 122 S. Michigan Ave. Ste. 1300 Chicago 60603 | | 312-922-7474 | | 0-17 | Specializes in the treatment of children ages 2-17 who have lost a parent through death or abandonment, including traumatic loss related to murder, suicide, community violence. Offers short or long term treatment. Offers child guidance with surviving parents, grandparents, guardians, along with consultation and child guidance to extended family members. Consultation with schools, social service agencies, other practitioners involved with the bereaved family. Supportive treatment in high conflict divorces. Do not maintain a waiting list; families in need receive immediate consultation. Fees are on a sliding scale-no family is ever denied services because of its financial circumstances. The Center also offers community educational services; workshops and seminars for mental health professionals; presentations to schools, hospitals, churches, mosques, synagogues, agencies regarding childhood bereavement. | English, Spanish | | Private Insurance, Sliding Scale, Self-pay, No cost | DCFS referrals, Referrals from primary care physicians, Intake Line |
| Casa Central | Family Therapy, Play Therapy | 1349 N California, Chicago, IL | All neighborhoods | 773-645-2376 | | All ages | | English, Spanish | | Medicaid, No cost | Must have at least one child who is between ages 0-5 in the family; exposure to violence or trauma must be the primary reason for |
| Chicago Commons | Individual therapy, Family therapy, Crisis intervention | 515 E 50th St, Chicago, IL 60615 | West Humboldt park, Pilsen, Back of the Yards | | | 0-5 | | English, Spanish | | Medicaid, Medicare, No cost | Services are only for families enrolled in Chicago Commons Child |
| Chicago Counseling and training | Individual therapy, Family therapy, Group therapy, Play therapy, Home-based clinical services | 4817 W. 83rd Street, Burbank, IL | Burbank, IL and north side of Chicago | 773-673-3702 | | 6 and up | | Arabic, English | | Medicaid, Private Insurance, Sliding Scale, Self-pay | Referrals from primary care physicians, Walk-ins |
| Heartland Alliance | Individual therapy, Family therapy, Group therapy, Crisis intervention, Short term urgent care, Medication evaluation/management | 4822 N. Broadway ave, Chicago, IL 60640 | not open to outside referrals | 773-830-5439 | www.heartlandalliance.org | 0-17 | | French, Hindi, Mandarin, Spanish, English | | No cost | Not open to outside referrals |
| Heartland Health Outreach | Individual therapy, Family therapy, Group therapy, Crisis intervention, Medication Evaluation, Medication Management | 4750 N Sheridan Rd Suite 379, Chicago, IL | driving distance of Chicago generally | 773-751-1744 | https://www.heartlandalliance.org/program/international-family-adult-and-child-enhancement-services-faces/ | all ages | | Arabic, Assyrian, Bosnian, Burmese, English, French, Kiswahili, Lingala, We offer a language line for ongoing contact | | Medicaid, Sliding Scale, No cost | DCFS referrals, Referrals from primary care physicians, Walk-ins through refugee resettlement agencies or other community agencies |
| Heartland Human Care Services - Individualized Placement Services (IPS) | Employment placement program for refugees and immigrant diagnosed with a mental illness or developmental disability | 5757 W. Belmont Ave Chicago, IL 60641 | | 773-252-8715 | | | | Arabic, Farsi, Burmese, Eritean, Karen, Rohingya, Spanish, French, Nepali | | | Email: zhal@heartlandalliance.org , nkinsella@heartlandalliance.org |
| Heartland Human Care Services - Refugee and Immigrant Community Services (RICS) | Provides a range of psychosocial support groups, individual therapy, mental health screenings and referrals for domestic violence | | | 773-728-5960 | | 18+ | | Arabic, Burmese, Farsi, French, Rohingya, Swahili, others as needed | | | Contact Johannah Swank (LSW) at jswank@heartlandalliance.org or 773-728-5960 x 6320 |
| Kilmer-Sullivan School Health Center | Screening, Individual Brief Treatment, Psychoeducation Groups (all in a school environment) | 6631 N. Bosworth Avenue, Chicago, IL | | 773-761-5309 | | 0-25 | | Language line | | No cost, Self-pay, Private Insurance, Medicaid | Patients must be students at Sullivan High School or Kilmer Elementary School and must be fully consented to receive services in our school-based health center. |
| Mano a Mano Family Resource Center | | 6 East Main Street, Round | | 847-201-1521 | http://www.manoamanofamilyresourcecenter.org/ | | | | | | |
| Marjorie Kovler Center | Individual therapy, Family therapy, Group therapy, Medication Evaluation, Medication Management, Occupational Therapy | 1331W Albion Chicago, IL 60626 | | 773 751 4045 | | All ages | | English, French, Spanish | | No cost | We ask referrals to call for a screening and can make an appt to assess eligibility |
| Ounce of Prevention | Mental health consultation, Short term therapy | 4859 S. Wabash 2nd | south and southwest side of Chicago | 773-496-5407 | www.ounceofprevention.org | 0-5 | | English, Spanish | | No cost, income and residential requirements | Self-referral/walk-in |
| Psychology Tools | Online Handouts, Resources for Provision of Mental Health Services | | | | http://psychology.tools/cbt.html | | | Handouts in various languages | | | |
| RefugeeOne | Individual therapy, Family therapy, Group therapy, Crisis intervention, Short-term urgent care, Home-based clinical services, Medication Evaluation, Medication Management | 4753 N. Broadway Suite 401, Chicago, IL 60640 | | 773-423-9803 | www.refugeeone.org | Ages 18+ | | Amharic, Arabic, Assyrian, Burmese, English, Farsi, French, Iranian, Karen, Kiswahili, Pashto, Rohingya, Somali, Spanish, Tirgrinya | | None/ no cost | RefugeeOne clients only |
| Syrian Community Network | individual therapy, Group therapy | | | | www.syriancommunitynetwork.org | | | Arabic | | No cost | Walk-ins Intake Line |
| The National Child Traumatic Stress Network (NCTSN) | Information on Cognitive Behavioral Therapy (CBT) for families | | | | http://learn.nctsn.org/course/index.php?categoryid=70 | | | | | | |
| University College Dublin, Ireland | Online Handouts, Resources for Provision of Mental Health Services | | | | http://www.ucd.ie/psychology/CBTWorkbook/pekyanats.html | | | Handouts in various languages | | | |
| World Relief Chicago | Individual therapy, Couples therapy, family counseling | | | 773-681-8558, or malnowski@wr.org | www.refugees.org | | | We get interpreters in person or phone to the best of our ability | Time-limited psychoeducation groups, educational workshops on various topics such as PTSD and Mental Wellness | | Services for World Relief clients in first year after arrival; groups and educational workshops are open to non-World Relief clients. |
| World Relief - DuPage | Individual therapy, Family therapy, Group therapy, Crisis intervention, Short-term urgent care | 1825 College Ave, Wheaton, IL | DuPage and Kane Counties | 630-462-7566 | | 18+ | | | | No cost | We only see clients that we have resettled. |
| World Relief - Aurora | Individual therapy, Family therapy, Group therapy, Crisis intervention, Home-based clinical services | 73 S. LaSalle St, Aurora, IL 60505 | Kane and Dupage County | 630-906-9546 | | 18+ | | Arabic, Burmese Dari, Karen, Kiswahili, We provide interpreters for the native language spoken for a client for case management, medical orientations, employment orientations. | | No cost | Legal Status; Only for refugees |